

Thy Kingdom Come!

## RC Women's Section Plan

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### Overall Theme/Vision for the Year: Teams of Regnum-Christi Style Apostles

*The Regnum Christi Movement proposes a Christian way of life. It presents [a response] to God's invitation to live the faith of the Church in an integral, dynamic and enthusiastic way. RCMH n. 20*

*The service Regnum Christi renders to the Church and society consists of forming apostles who will build the civilization of Christian justice and love. Our mission crystallizes when each one of our members makes God's love known to others in any life situation whatsoever, and in any sector of society. RCMH n. 42*

### What is the "RC-Style Apostle"?

*Per the proposed RC Statutes, someone who:*

1. Works person to person
2. Emphasizes team work and communion
3. Has a sense of efficacy, scope and depth in the apostolic initiatives
4. Is able to live with continuous adaptation to the distinct needs of times and places
5. Lives "Hacer, hacer hacer y dejar hacer": works in first person, helps others to work, lets others work
6. Forms Christian leaders for society
7. Evangelizes those groups and individuals where she lives and works

### 1. Team Life: Live from the Vision, "Teams of Regnum Christi-Style apostles"

*\* Forming "teams of RC-style apostles" is not just a reference to Encounter with Christ teams, but an invitation to think and work in a particular way regarding any initiative.*

*Ordinarily, you do not live your calling and membership in Regnum Christi in isolation. The Movement is above all a true, spiritual family in the Church. Therefore, the life of its members unfolds in the framework of spiritual communion and fraternal charity, as happens and has always happened in the Church since early Christianity. This reality takes concrete shape by belonging to a team, which is a small group of members who mutually help and encourage each other to live a better life, persevere in their Christian vocation and be more effective in their apostolic activity. RCMH n .64*

*Team life is how Regnum Christi seeks to perpetuate this same historical and lasting condition of Christianity in the vocation and mission of its members. That is why team life is not simply a style of work; more importantly it is grounded in a reality proper to Christianity, which is a community of faith, hope and love in Christ. Today, just as at the dawn of Christianity, the Christian renewal of society will come from small groups of prayer and action which, like sparks spread throughout the world, will be capable of creating a great blaze. RCMH n. 344*

- a. **Teams, and especially Team Leaders**, have the responsibility to understand and share this vision. Everyone should know why we chose this as a vision for the Section and what it entails.
- b. **Group leaders**, at monthly meetings with team leaders, will:
  - a. Repeat the vision regularly
  - b. Ensure that it is celebrated systematically
  - c. Live the vision personally
- c. **Encounter Teams** (per appendix 2 [p52-59] of the [Working Document of Statutes for RC Renewal](#)) Encounter with Christ Teams are *discernment groups* following the “case study” model recognized by the Church as the pre-eminent way to form lay people to respond to the needs of their own milieu. *Discernment groups*, as distinct from *prayer groups*, requiring regular commitment, a strong sense of communion, a shared mission, work in common, and ongoing formation beyond the team itself. As a result, a “team” consists of a minimum 5 active members; inactive members are by definition not on teams (though still in the Movement!).

## 2. Apostolate: Evangelize as a Team

*The Movement's spirituality is strongly marked with a deep missionary sense. "Woe to me if I do not preach the Gospel!" must always echo in the heart of every Regnum Christi member. Each one has to be a flame that sets Christ's love ablaze in his surroundings. Christ needs arms! Christ needs feet! Christ needs tongues! The apostles of the Kingdom must offer theirs unconditionally so as to work for the interests of Christ and his Church. RCMH n. 100*

- a. **AM/PM Reflections:** Establish a team that will lead and run the reflections as an apostolate of the Women's Section.
- b. **Missions:** Promote evangelizing/service missions as activities where the Movement's purpose and spirit are clearly lived out.
  - i. Black Friday, Christ the King, Advent missions
  - ii. Holy Week missions
  - iii. International missions
  - iv. Others: teams unable to have a team apostolate are strongly encouraged to do local missions together at least once per semester
- c. **Develop new initiatives and apostolates:** 1) Families 2) Seek ways of renewing our apostolates and our professions by working together as a team with other RC members.

- d. **Pilgrimages:** Initiate and promote pilgrimages as powerful “retreats” for individuals and/or families
  - i. Local Shrines
  - ii. Holy Land

### 3. Formation: Form ourselves to be better Apostles of Christ

- a. **Study circles:** Continue with Study Circles that address the issues most necessary to engage contemporary culture, organized and executed by the Formation team.
- b. **Diving Deeper:** Organize a full-day reflection for the members to reflect on essential aspects of our vocation and mission, 3 times a year.
- c. **Regional Convention:** Promote a regional convention, bringing the message of the Chicago convention to our section and other East Coast members unable to attend the Chicago convention.
- d. **Monthly formation and coordination:** Have a teleconference call for team leaders, group leaders, AFIRE with Section Director.

### 4. Spiritual Accompaniment: Live the RC Style Accompaniment of Person-to-Person

- a. **Spiritual Direction:** Create a culture that recognizes Spiritual Direction as an essential means for RC members to grow in love for Christ and respond to their vocation to holiness and apostolic life.
  - i. **Executive Team** will provide a list of available spiritual directors and ensure easy access to them for all the Section members.
  - ii. **Team leaders** will ensure that their team members understand that they are invited to and responsible for seeking out their own spiritual directors. They will facilitate the members’ access to the monthly retreats and yearly Triduum.
  - iii. One talk at a monthly retreat will be on the value of spiritual direction and how to prepare for it.
- b. **Spiritual Guides:** Form a team of excellent spiritual directors and guides for the Women’s Section.
  - i. Establish a curriculum for new spiritual guides.
  - ii. Create a forum for ongoing formation for the spiritual guides.
- c. **Team dialogue:** Promote team dialogue as a means for the team leader to assume her role in the spiritual accompaniment of each of the members of the team.
  - i. **Group leaders** will model monthly dialogue for team leaders.
  - ii. **Team leaders** will touch base with members at least every 1-2 months.

### 5. Integration: Build-up the Regnum Christi Spirit

- a. **Regnum Christi Feast Days:** Organize celebrations and activities for the entire Locality around the feast days that define our spirituality.

- i. Holy Week missions
  - ii. Sacred Heart Mass and lunch
  - iii. Christ the King Mass and celebration
- b. **Triduum of Renewal:** Include talks on Regnum Christi spirituality and mission on each of the Regnum Christi renewal Spiritual Exercises.
- c. **Regnum Christi traditions and other Feast Days:** Find ways of teaching, renewing and celebrating the Regnum Christi spirit in our Section events (retreats, missions, celebrations, etc.).
- d. **Building Regnum Christi community:** All the Women's Section members are invited to attend a brown bag lunch after monthly retreats at the home of X for an opportunity to share insights from the retreat.
- e. **Advent by Candlelight:** Organize an evening event during Advent for members of the Section to prepare for Christmas.

## 6. Outreach to Potential New Members

- a. **Discernment groups:** Host discernment course in the Spring and Fall for people who are discerning a vocation to Regnum Christi.

## 7. Economy: Support the RC family's expenses

- a. **Tithing:** Follow territory's lead on education for tithing and budget planning to be able to do more with your money. We want to integrate fund-raising by Locality with the Women's Section.
- b. **Section Budget:** Manage from budget and communicate it to the Section annually.
- c. **Fundraising**
  - i. Spring: communicate needs of the Section. Fall: mail petition to Section members.
  - ii. Help organize and support the Annual Gala and promote attendance among Section members as they are able.